



# THREE PEAKS

## 3 X 3 MOUNTAIN CHALLENGE SERIES






3 Events over 3 Peaks (or 1 or 2 if you choose)

30 May, 20 June, 25 July 2004

- Start Time: Rolling start between 8am & 9am. The clock will stop at 12.00 noon.
- Start/Finish: Wellington Scottish Harriers' Clubrooms - South end of Prince of Wales Park - Salisbury Tce, Mt Cook
- Route: You choose the route. There will be a timekeeper at the top of each peak.
- Event One: "City Circuit" - Mt Albert / Mt Victoria / Hawkins Radar Stn
- Two: "The Original" - Mt Victoria / Polhill Windmill / Mt Kaukau
- Three: "Variation on a Theme" - Wrights Hill / The Crows Nest / Rangoon Hts
- Entry Fee: Entry on the day - \$5 per event
- Results: Results will be posted on the Wgtn Scottish web site:

[www.scottishathletics.org.nz](http://www.scottishathletics.org.nz)



-  Use your navigation skills on a Sunday run;
-  Find the most direct or most novel way of getting there - challenge your running partners;
-  **If you don't want to complete the whole event choose one or two peaks to summit;**
-  Mountain bikers and walkers welcome (but walkers remember the clock stops at noon);
-  Spot prizes for finishers; Sponsored by:

**Bivouac / Outdoor, Lifestyle Sports, and Lake Auto Services**

-  Showers, drinks etc available at the finish

To run with others be ready to head off by 8am

For more information, contact: Harry Doig Ph 971-1086 (Hm)  
For more info on Wgtn Scottish, contact: Todd Stevens Ph 479-5374 (Hm)

In support of the Scottish mountain running

