

## Scottish Athletics Club Inc Walking Competitions

### Scottish Athletics Walking Championship 2009

Races all fully judged

1	Road race (Dorne Cup)	10km	Trentham	June	Fastest time
2	Road race (Wlg X country)	10km	Waikanae	July	Fastest time
3	Centre Road Champs	10km	Trentham	August	Fastest time

### Scottish Athletics Best All Rounder Walking Competition 2009

Ten races held over the winter season with place getters earning points, most points wins prize. This is distinct from the walking championship trophy.

#### Points are calculated to 10 places as follows

First Scottish member over line	20 points
Second Scottish member	18 points
Third Scottish member	16 points
And so on down to	2 points
Any Scottish member after 10 <sup>th</sup>	1 point for finishing

#### Races

1	Waterfront 5km	5 km	Wellington	April	Fastest time
2	Tearle Trophy	6 km	Island Bay	April	Handicap (first over line)
3	Chocolate Race	6 km	Paekakariki	May	Closest to estimated time
4	Road race (Dorne Cup)	10 km	Trentham	June	Fastest time
5	Harbour Capital ½ marathon	21.1km	Wellington	June	Fastest time
6	Road race (Wlg X country)	10 km	Waikanae	July	Fastest time
7	Cole Land Cup	6 km	Titahi Bay	July	Handicap (first over line)
8	Turkey Trot	5 km	Island Bay	August	Closest to estimated time
9	Centre Road Champs	10 km	Trentham	August	Fastest time
10	Waterfront 5km	5 km	Wellington	Sept	Fastest time

Any blatant jogging or running observed will result in the walker being disqualified and earning no points from that race. The Committee will investigate any complaints.

In the three judged 10 km races, points will be awarded in order of judged finishers followed by unjudged finishers, both in order of finishing. Any judged competitors who are DQ'd will move into the unjudged category and earn points according to their finishing place. This applies to both competitions.