

## WELLINGTON SCOTTISH ATHLETICS CLUB

[The main Club Saturday run is shown in bold]

### MARCH

- 21 **OFFICIAL OPENING OF THE 2009 SEASON**  
**SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**  
(Members please bring a plate)
- 24 Scottish 5km Race, Wellington Waterfront 5.45pm (walkers) / 6pm
- 28 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 27/29 New Zealand Track & Field Champs, Wellington
- 31 Scottish 5km Race, Wellington Waterfront 5.45pm (walkers) / 6pm

### APRIL

- 4 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 4 Waiterere Great Forest Run - 5/10km & half/full Marathon, Levin
- 7 Scottish 5km and 10km Race, Waterfront, 5.45pm / 6pm
- 11 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 18 **LE GAYE CUP, 5km Club Road Race - 2pm**  
**and Peter Tearle Handicap Walk - 1.15pm**  
Meet at the Presbyterian Church, The Parade, Island Bay  
Start / finish: Derwent St, Island Bay
- 18 New Zealand Mountain Running Championships, Wainuiomata
- 19 Moonshine Half Marathon & 10KM
- 25 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 26 Scottish 3 Peaks Run, Event One, Clubhouse 8am  
"City Circuit" – Mt Victoria, Tinakori Hill, Johnstons Hill

### MAY

- 2 **SHAW BATON RELAY - Battle Hill Reserve, Pauatahanui**  
Interclub Cross Country Relay - 2km per lap
- 2 Rotorua Marathon, and 5/10km
- 9 **SATURDAY CLUB RUNS / WALKS**  
Karori Recreation Centre, 251 Karori Rd - 2pm
- 10 Masters Classic Cross Country Relay  
Trentham Memorial Park, Upper Hutt - 10am
- 10 Pencarrow Lighthouse fun runs 1/2 marathon, 10k, 5k (offroad)
- 13 Scottish Secondary Schools Cross Country Relay - Karori Park

- 16 **UNIVERSITY RELAYS - QEII Park, Paekakariki, 1pm**  
**Interclub Cross Country Relay - 4km per lap**  
**The Chocolate Race: 6km Turkey Trot Walk 12pm**
- 16 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm (reduced packs)
- 17 Scottish 3 Peaks Run, Clubhouse 8am "Eastern Watertowers"  
– Maupuia Watertower, Seatoun Heights Watertower, Beacon Hill
- 23 **VOSSELER SHIELD - INTERCLUB**  
Hilly Cross Country Races (Distances up to 10km), Mt Victoria
- 24 Ekiden Walking Relay (from the YMCA Gym, Trentham) 9am
- 27 Wellington Secondary Schools Cross Country Champs - Trentham
- 30 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**  
combined with Capital Harriers
- 31 Aurora Handicapped Marathon - Upper Hutt
- 31 Christchurch Half & Full Marathon

### JUNE

- 6 **NOVICE CUP / GALASHIELS TROPHY**  
5km Club Road & Cross Country Handicapped Race - 2pm  
Includes 2km race for Under 14s  
Start / Meet: Muritai School, Eastbourne
- 13 **DORNE CUP - INTERCLUB**  
Flat Cross Country Races (Distances up to 8km)  
Trentham Memorial Park, Upper Hutt
- 13 10 km road Walk at NZIC Campus Trentham, 10.30 am
- 14 Scottish 3 Peaks Run, Event Three, Clubhouse 8am  
"Southern Special": Orchy Cres Hilltop, Oku St Lookout, Hawkins Hill
- 20 **BALLANTYNE CUP**  
9km (Seniors), 5.25km (U20), 2.6km (U14), 5.25km (Walk) Club  
Handicap Races. Flat & Mainly Cross Country Around Stopbanks  
Start / finish: Strand Park, Lower Hutt
- 20 Taranaki Walks Weekend, New Plymouth (Away Trip)
- 20 NZ Secondary Schools Cross Country Champs - Nelson
- 27 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 28 Harbour Capital Half Marathon - Westpac Stadium, Wellington.  
Incorporates Club Half Champs

### JULY

- 4 **CLUB AWAY TRIP - Taupo Cross Country Races**  
Incorporates North Island Championships
- 4 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm
- 11 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 12 Harry Kerr Memorial Track Race Walking Relay  
Sovereign Stadium North Shore City (possible away trip)
- 12 SUNDAY CLUB RUNS / WALKS - Clubhouse 8am  
Followed by "The Big Kiwi Breakfast"
- 12 Wainui Mountain Run - 12.1km
- 18 **WELLINGTON CROSS COUNTRY CHAMPIONSHIPS**  
Waikanae Park, Ngarara Rd, Waikanae  
Incorporates Old Timers Trophy (Under 14s),  
Club Cross Country Champs  
Road Walk Races over various distances 12 noon start
- 25 **BAUDINET CUP & COLE LAND WALKING CUP**  
10km (Seniors), 7km (Walkers), 4km (U20), 2km (U14) Handicap  
Races. Mixture of Cross Country, Road, Flat and Hills  
Titahi Bay Surf Club  
*Combined run with Kapiti Harriers - members please bring a plate*
- 26 Masters 8km road race & 6km walk, Johnsonville 11am

### AUGUST

- 1 **SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm**
- 1 New Zealand Cross Country Championships, Christchurch
- 4 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm
- 8 **BAYS RELAY - INTERCLUB**  
Road Relay of 4 to 5km Laps for all Grades  
Start Island Bay Surf Club 12.30pm, Finish Kilbirnie Park  
Includes a walking race over lap 1
- 11 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm
- 12 Scottish Secondary Schools Road Relay, Trentham Memorial Park
- 15 **SATURDAY CLUB RUNS / WALKS**  
Miramar Tennis Club, Darlington Road, Miramar - 2pm
- 18 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm
- 22 **WELLINGTON ROAD CHAMPIONSHIPS**  
Gallipoli Road Circuit, Trentham, Upper Hutt
- 25 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

29 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm

**SEPTEMBER**

1 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

5 SATURDAY CLUB RUNS / WALKS  
Nainville Recreation Centre, Khandallah - 2pm

5 New Zealand Road Championships, Dunedin

8 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

12 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm

12 Belvedere Block Road Relays - Carterton

15 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

19 TANADEES CUP - 2pm (NB walkers start 1.45pm)  
8km, 4km (U20), 2km (U14) Handicap Road Races  
Meet: Kilbirnie Aquatic Centre, Kilbirnie  
Start: Corner Evan Bay Pde / Cobham Dr

22 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

26 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm

29 Scottish 5km Race, Wellington Waterfront, 5.30pm (walkers) / 5.45pm

**OCTOBER**

3 NZ ROAD RELAY CHAMPIONSHIPS - Christchurch  
CLUB AWAY TRIP

10 P Team World Mountain Running Championships - 1.30pm

10 SATURDAY CLUB RUNS / WALKS - Clubhouse 2pm

10 CLUB PRIZE GIVING

11 Masterton Half & Full Marathon

**Attendance Badges**

An attendance badge will be presented to a member if they participate, in a 'qualifying event', every weekend throughout the winter season. A special badge will be presented to a member on gaining an attendance badge in 3 consecutive years. And now for the fine print .....

- The season starts on 21 March and ends on 10 October
- A 'qualifying event' is a Scottish club run / race or interclub event on each Saturday, plus all Athletics NZ sanctioned events (which will include most half and full marathons, and interclub events in other Centres)
- A member can 'participate' by (as applicable) going for a run or walk in one of the packs; completing a race; or helping as a race day official.
- A member may miss up to 2 weekends during the season and still qualify

**CLUB CONTACTS**

President:	Ken Howell	477 2508
General Manager:	Mandy Simpson	0211481407
Programme:	Rohan Biggs	384 6599
Subscriptions:	Loretta Desourdy	499 9597
Membership Contact:	Jim Kerr	970 6048
School Events:	Don Dalgliesh	473 9414
Clubhouse Hire:	David Lonsdale	977 8990

Website: Paul Rodway: paulbren@paradise.net.nz

Squash: probinson@paradise.net.nz

Refer to the Scottish Website for additional contacts.

**MEMBERSHIP FEES**

For the period 1 April 2009 to 31 March 2010:

Age	Fee
Senior	145
Under 20	65
Under 17	45
Associate	40

Ages are calculated as at 31 December 2009.

A reduced Senior fee of \$85 is available for members who do not wish to compete in interclub races. Also, a \$15 discount is available for all senior members joining the Club for the first time. Fees can be paid by credit card through the Scottish website ([www.scottishathletics.org.nz](http://www.scottishathletics.org.nz)), posted to Box 6239, Wellington or given to the Club's Registration Officer, Loretta Desourdy.

# WELLINGTON SCOTTISH ATHLETICS CLUB (INC)

## 2009 SEASON

Clubhouse  
Prince of Wales Park  
(access via Salisbury Terrace, Mt Cook)

P O Box 6239, Wellington

Patron: Alan Stevens  
President: Ken Howell  
General Manager: Mandy Simpson

**Life Members:**

Michele Allison, Brian Cattermole, Bruce Cowan,  
Don Dalgliesh, Clem Green, Bruce Jenkins,  
Steve Hunt, David Lonsdale, Colin Maclachlan,  
Melissa Moon, Alan Stevens, Todd Stevens,  
Peter Tearle

**Management Committee:**

Jo Badham, Rees Buck, Loretta Desourdy,  
John Leonard, Dave Parsons, Peter Robinson,  
Adrian Shields

**[www.scottishathletics.org.nz](http://www.scottishathletics.org.nz)**